

Vitamin D & Your Health

Vitamin D is a **hormone** made **naturally** in the body

Vitamin D interacts with nearly **every cell** in the body



UVB light is absorbed by the skin



The skin produces **cholecalciferol**



The liver converts **cholecalciferol** to **calcifediol**



The kidneys convert **calcifediol** to **calcitriol**

Calcitriol is the active form of **vitamin D3!**



Strengthens bones and muscles



Boosts immunity



Improves mood



Reduces inflammation



Improves heart function



We **don't** get enough **vitamin D** from **sunlight**

Sunscreen

Clothing

Indoor Lifestyle

Northern Latitude

Weather

Pollution

Time of Day

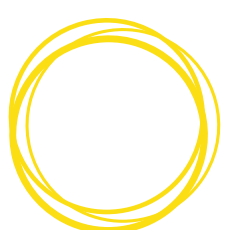
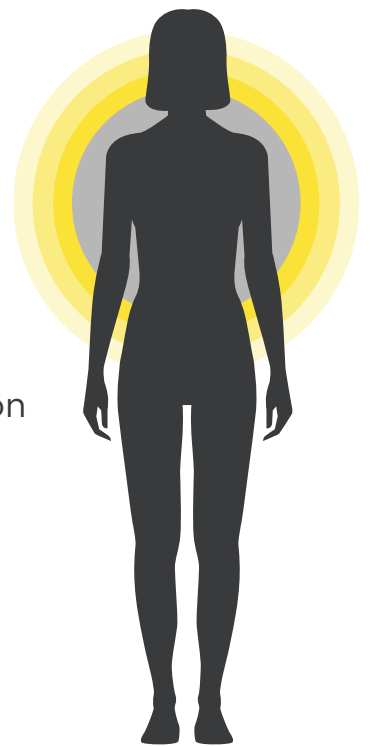
Time of Year

Sunburn
Skin Aging
Skin Cancer
Eye Damage

Too much sunlight is **unhealthy**

SOLIUS® Light Therapy treats **vitamin D** deficiency **naturally**

- Activates the same physiological processes as UVB sunlight
- Emits a narrow UVB spectrum optimized for vitamin D production
- Eliminates the most harmful UVA rays found in sunlight
- Provides safe and controlled therapeutic dosing
- Delivers treatment in just minutes per week
- Licensed by Health Canada



SOLIUS®

The Benefits of the Sun Without the Harmful Rays

<https://www.solius.com/mission>

IMPORTANT SAFETY INFORMATION

SOLIUS devices are only intended to stimulate the production of endogenous vitamin D for the treatment and prevention of vitamin D deficiency.

Ask your doctor if SOLIUS is right for you. Please review the intended use, indications and contraindications, and known risks associated with SOLIUS therapy at www.solius.com/intended-use