Choosing the Right Light Therapy

UVC 100-280nm

UVB 280-315nm

UVA 315-400nm

BLUE 446-477nm

RED 630-700nm **INFRARED** 700-1200nm



nm = nanometers



Visible Light Spectrum

Infrared **Light Therapy**

700nm-1200nm

Invisible Light Spectrum



- Treats inflammation
- Relieves muscle soreness
- Reduces chronic pain
- Improves circulation
- Boosts athletic performance

Red **Light Therapy**

630nm-700nm

Visible Light Spectrum



- Treats acne
- Rejuvenates skin cells
- Reduces wrinkles
- Promotes wound healing
- Relieves arthritis symptoms

Blue **Light Therapy**

446nm-477nm

Visible Light Spectrum



- Treats acne
- Repairs sun damage
- Manages psoriasis symptoms
- Removes premalignant or malignant skin cancer cells

SAD **Light Therapy**

Bright White Light or Narrow-Band Blue Light

Visible Light **Spectrum**



- Stimulates brain receptors by exposing the eye to indirect light
- Treats symptoms of Seasonal Affective Disorder (SAD) and depression
- Helps regulate circadian rhythms
- Improves sleep effectiveness

SOLIUS® Light Therapy

Invisible Light Spectrum

293-303nm



Treats Vitamin D Deficiency

Vitamin D interacts with nearly every cell in the body



bones and muscles



immunity



mood



inflammation



function

Effective • Emits a narrow UVB spectrum optimized

- for vitamin D production Activates the same physiological processes as UVB sunlight
- Safe

Eliminates the most harmful UVA rays

- found in sunlight and tanning beds Provides safe and controlled therapeutic dosing
- Licensed by Health Canada

Easy Delivers treatment in just

minutes per week



The Benefits of the Sun

Without the Harmful Rays www.solius.com/light-science



prevention of vitamin D deficiency.

IMPORTANT SAFETY INFORMATION

Ask your doctor if SOLIUS is right for you. Please review the intended use, indications and contraindications, and known risks associated with SOLIUS therapy at www.solius.com/intended-use

